

Inside this issue:

The Road to the Cross	1
LWR Stamporee	1
Kindred Sisters	2
Prayer Vigil	2
Birthdays / Anniversaries	2
Library Notes	3
Angel Food Ministries	3
Remember in Prayer	3
Lenten Focus	3
Lenten Focus (cont)	4
Preparing for Sunday	4
Prayer Vigil (cont)	5
LWR Health Kits	5
Growing in Christ	5
Memorials	5
Worship Leaders	6
Calendar	7
Angel Food Ministries	8
Angel Food Ministries	9
Women's Bible Study	10

Upcoming Fellowship:

- Kindred Sisters
- Choir and Bells
- Book Study
- Youth Events
- Angel Food Distribution

GET INVOLVED!



Living in God's amazing grace

The Road to the Cross



LENT

Humbling ourselves in remembrance of the passion, wisdom, healing, and sacrifice of Christ's ministry on Earth, we turn away from our appetites and leisurely indulgence. Clothing ourselves in penitence, we renew our commitment to the work of God: sharing His message of salvation with our family, friends, and neighbors, showing kindness to the less fortunate, and strengthening each other in love and charity.

Join us Wed. evenings at 7:00pm for Lenten Service
 Preceded by dinner served by the youth at 6:00pm

HOLY WEEK



PALM SUNDAY

Remembering the final week of Christ's life, we rejoice in His triumphal entry into Jerusalem, and take up the cry of "Hosanna!" once again.

Join us in celebration of Jesus' kingship on the final Sunday of the month.



MAUNDAY THURSDAY

The Last Supper, the Passover Feast, the covenant once affirmed with the blood of a lamb on the doorposts of Egyptian hovels, now sealed in the communion of the Lord and his disciples.

Join us as we remember both the traditional Passover and the Last Supper of our Lord in a Seder Dinner together.
 April 1st at 6:30pm



GOOD FRIDAY

The greatest act of love, and the fulfillment of God's covenant of grace with humanity: that while we were still sinners, He died for us.

Prayer Vigil (7am-7pm)
 The LOL Choir performs "Covenant of Grace" a cantata by Joseph Martin
 April 2nd at 7:00pm



"And on the third day..."

LUTHERAN WORLD RELIEF STAMPOREE

The goal of the Lutheran World Relief STAMPOREE is to support LWR's Project Comfort, which provides funding for the shipping of goods to those in need around the world. (The Health Kits Kindred Sisters assembled were shipped via Project Comfort)

Kindred Sisters is asking all LOLLC members and friends to help support this LWR project by collecting and saving cancelled postage stamps. For your convenience and collection, a "Stamporee" box is in the Welcome Center waiting for your used envelopes containing cancelled stamps. If tearing off envelope, leave at least 1-1/2" around the stamp. Commemorative Stamps, State and United States Stamps from Fishing and Hunting Licenses are most desirable.

REMEMBER: just SAVE stamps and USE commemorative stamps!!! Your biggest contribution is to save and ask others to save. Thank you.

Kindred Sisters

Kindred sisters has a few cookbooks left. Get yours before they are all gone. They make wonderful gifts and are only \$10.00 each! Get yours while they last in the Koinonia Café or the office.



Simply Giving

You may set your contributions to be automatically deducted from your bank account on the schedule that works best for you!

Invitation to Women of LOLLC

LOLLC Women are invited to participate in the **Saturday, March 13, 2010** Austin Area Spring Gathering, Women of the ELCA at Peace Lutheran Church in Rockdale. A variety of events are being offered to respond to our specific needs with an emphasis on the theme of **“Joined in Christ.”** Theme Verse being 1 Peter 3:8. 8:30 am to 3:00 pm. \$8.00 Fee includes lunch March 1, 2010 deadline - Interested, contact Marge Kretschmar 258-2988 or Glenace Klinker 671-3690. There are schedules and sign up forms available on Kindred Sisters Board in Koinonia Café.



KINDRED SISTERS NEWS

Tuesday, March 2 ... Kindred Sisters Meet at LOLLC at 10:30 am in Koinonia Café.

We will be having a **BIBLE STUDY** Meeting. Our dear friend, Dorothy Kraemer will lead us in a Bible Study ... **“PILGRIMS ON A JOURNEY”**
Our lunch hostesses are Rea Wiruscheske and Mary Vaughn.

Reminders: Save Stamps ... Collect Health Kit Items. Hostess/Co-Hostess Sign-Up Sheet is on Kindred Sisters' Board in Café – Please sign up accordingly.

Kindred Sisters offers Christian fellowship and support to all ladies and friends of Lord of Life. Please join us whenever you are able to do so. At our February 3rd meeting, we had a **“HEARTY”** Meeting. Marge Kretschmar presented **“Heart Healthy Living”** material from the American Heart Association. Competitive creativity among our ladies then appeared as they made Valentines for our LOLLC Shut-ins. Glue, scissors, ribbon, stickers, lace, doilies, and red paper all became part of beautiful **VALENTINES**. Any questions: Contact Marge Kretschmar 258-2988 or Glenace Klinker 671-3690

GOOD FRIDAY PRAYER VIGIL:

And Jesus said, “Can you not stay with me for one hour?” Matt 26:40

The worship committee is once again providing Lord Of Life members with a unique worship & devotional opportunity to help prepare for Good Friday & Easter. **From 7am to 7pm we will be holding a Good Friday Prayer Vigil.** Members may sign up for 30-minute time slots. Use the sign-up sheet in the welcome center, or contact the office to reserve your prayer time in the chapel. (continued on page 5)



March Birthdays & Anniversaries

3/2
Thurman, Jordan

3/4
Spilo, Walter
Stewart, Katherine

3/6
Parsons, Marilee

3/7
Pederson, Shelli
Sellers, Russell

3/8
Covington, Rebecca

3/12
Mr. & Mrs. Charles
Neeley (Anniversary)

3/16
Pichini, Peter

3/17
Hart, Kelsey

3/18
Schroeder, Eric

3/20
O'Donnell, Kiernan
Seddelmeyer, Deborah
Wiruscheske, Rea

3/21
Prather, Callie
Scott, Savannah

3/22
Friedrich, Dennis

3/24
Weston, Greg

3/25
Pelliccia, Sara
Willenborg, Shari

3/28
Mr. & Mrs. Kay Melton
(Anniversary)

3/31
Freitag, Damon
Mr. & Mrs. Nikki
Deathe (Anniversary)
Mr. & Mrs. Milam
Johnson (Anniversary)



Library Notes — Suggested Reading

By: Donna Estes

THE HELP - (New York Times bestseller) by: Kathryn Stockert

This book is about 3 very ordinary women who live in Mississippi in the 1960's. "Skeeter" is an affluent white, college graduate and the other two are black maids who work for friends of Skeeter. These three women, as different from one another as can be, are determined to start a movement that will forever change the town they live in and the way women - mothers, daughters, friends, caregivers - will view one another. It is a deeply moving novel that is filled with poignancy, humor, love and most of all hope. If you grew up in the south this story will remind you about "the lines" we abide by and the ones we don't. A truly wonderful novel, one I could not put down.

ANGEL FOOD MINISTRIES

Among the TEN various boxes offered by ANGEL FOOD MINISTRIES, there are **THREE new box items in the March AFM menu.**

"After School Box" (treats for the kids) for \$21,

10 lb Boneless/Skinless Chicken Breast Box for only \$20,

4 x 4 Family Meal Kits for \$35.

The AFM program at Lord of Life for the March Signature Box is featuring Chopped Beef Steaks, Bacon Wrapped Turkey Breast and Boneless Center Cut Pork Chops, along with various types chicken, beef, and vegetables. We are now well into ordering for the **MARCH. Distribution Saturday, March 27, 2010.** Please tell your friends and neighbors about this food relief/budget saving program ... remember, **EVERYONE and ANYONE** can participate in AFM. Our Davis Spring Community has also been invited to participate in AFM's program here at LOLLC. **Order forms and information are in LifeLines and in LOLLC's WELCOME CENTER. We need a Saturday Distribution Pickup Director.** Any questions and willingness to help with this Outreach Ministry Opportunity, please contact Pastor Dave 671-6100 or Glenace Klinker 671-3690

Lenten Focus - Jesus

How's your Lenten Journey going? Maybe this is a good time to renew ourselves as we continue with Jesus towards Jerusalem.

It's easy to get distracted by life, by the Olympics, by politics. But as we journey through Lent it is important for us to keep our eyes on Jesus.

Here are a few ideas on keeping our focus:

Have a heart-to-heart with God

"Pray temperately and simply. Prayer is a heart-to-heart talk between yourself and God and needs no brilliant ideas, no flood of words" (*The Jerusalem Community Rule of Life*, Jerusalem/Paris, 1978).

Take some time out for a long walk, or go to a quiet place you enjoy and just have a heart-to-heart with God. Put away all your notions about trying to impress God by being brilliant or by using carefully chosen words. Pretend you're talking to a friend you've neglected and say what's on your heart. Don't forget to do some listening as well. (continued)

Food Contributions to Hill Country Community Ministries

February collections:

43 pieces

Let's keep it going!



REMEMBER IN PRAYER THOSE WHO ARE SUFFERING FROM ILLNESSES:

Ruby Ivy, Fran Hendrix, Junette Gowen, Esther Liardon, Alberta Otto, Dot Harrington, Joy Warriner, Ella Symank, Lynsey Thurman, Hugo Bazan, Angie Parr, Gladys Soiseth, Harriett Rohne, Paul Rohne, David Spilo, Nick Maddern, Elvira Pelphrey, Robert Sopronyi, Diann Sowell, Deb Durling, Cindy Kassel, Nic Shappe, Reileigh Mace, Teresa Plessala, Jeannie Jones, Katelyn Carter, Mary Ann McGuire, Terry Kinstley, Rev. Allison Hoenen, Rev. Jennings Hoenen, Russell Anderson, Kelli Egan, Faye Edwards, Laverne Welch, Steve Oswald, Lauretta Bennett, Clyde Czajkowski, Aaron Wood, Bruce Snyder.

Cut back on work

"By choosing to work as hard as possible, but not more than you ought, not primarily in view of a perishable end but one that lasts forever, you are to stand free and challenging in a world where work has been overrated into a religion and often into a sacred cow" (*The Jerusalem Community Rule of Life*).

A news report stated that Americans actually added a week of work to their schedules in the 1990s. Many of us put work at the center of our lives, rather than God. Take a break from working too hard this Lent. Work a reasonable schedule, but not more than that. Spend some of that new-found free time with God in prayer, personal reflection or spiritual reading.

Pursue God through study

St. Benedict decreed that every monk be given a book to read during Lent. Find a book that opens up your relationship with God and read it through, either by yourself or with a group. Or find another way to study God's world. Take a course. Visit an art exhibit. Go to a concert. See a movie. Do these things with the intention of learning more about God's world and the riches of revelation.

Take care of yourself

Scripture tells us that our bodies are God's temples (1 Corinthians 3:16). So do things to take care of one of God's dwelling places this Lent: Get enough exercise. Eat better. Take time for leisure and play. And do it in the knowledge that you are caring for one of God's great gifts and nurturing the sacredness of your life.

This is only a beginning. I hope this stimulates your thinking more about God this Lent.

Pastor Dave

Preparing For Sunday

March 7

Isaiah 55:1-9
Psalm 63:1-8
1 Corinthians 10:1-13
Luke 13:1-9

March 14

Joshua 5:9-12
Psalm 32
2 Corinthians 5:16-21
Luke 15:1-3, 11b-32

March 21

Isaiah 43:16-21
Psalm 126
Philippians 3:4b-14
John 12:1-8

March 28

Isaiah 50:4-9a
Psalm 31:9-16
Philippians 2:5-11
Luke 22:14-23:56

LOLLC LADIES – KINDRED SISTERS

Monthly Meeting – 1st Tuesday Morning

Upcoming Opportunities

Tuesday, March 2, 2010

10:30 am - Koinonia Café

Bible Study

“PILGRIMS ON A JOURNEY”

Leader: Dorothy Kramer

Hostesses: Rea Wiruscheske & Mary Vaughn

Sat, Mar 13 – Austin Area Spring Gathering

Women of the ELCA at

Peace Lutheran Church 8:30 am – 3:00 pm

Tuesday, April 6, 2010

10:30 am - Koinonia Café

LWR Project – Assemble Health Kits

Wed, April 7 – 7:00 am – 5:00 pm

Annual LWR Ingathering

Texas Lutheran University-Sequin, TX

Bring your saved cancelled postage stamps

For LWR Stamporee Box

Hostess Sign-Up Sheet – Please sign Up

Questions: Marge Kretschmar 258-2988

or Glenace Klinker 671-3690

angelfood
MINISTRIES

MARCH MENU

See in LifeLines pgs. 8 & 9
& Welcome Center

MARCH SCHEDULE

Lord of Life Lutheran Church Office
512-671-6100

9700 Neenah Avenue, Austin, TX 78717

At Office: Monday - Friday 9:30 am – 1:30 pm

Walk-In Orders Due: Friday, Mar 12, 2010

(By 1:30 pm – NO EXCEPTIONS)

Sundays: Feb 28 and Mar 7 & 14, 2010

Cash, Money Order, or Lone Star Card

Distribution Day: Saturday, Mar 27, 2010

9:30 am – 10:30 am

at Lord of Life Lutheran Church

Boxes NOT picked up by 10:30 am will be donated to a family in need. No credits or refunds can be made.

GOOD FRIDAY PRAYER VIGIL (Cont.) 7am-7pm April 2nd

For the Prayer Vigil on Good Friday, we will be setting up a prayer chapel at the church, and will be stocking it with plenty of aids to help your experience. Consider prayer as communing with God, rather than simply speaking or thinking a constant list of requests and praise; time spent singing a favorite hymn, reading the Bible or studying a devotional bring you into close contact with God as well. To this end, the prayer chapel will be ready to support you in your prayer time with hymnals, devotionals, books, Bibles, and a peaceful environment.

We encourage anyone who is available on Good Friday to take advantage of this opportunity, and invite you to take some time to pray with the person you are relieving and the person who comes to pray after you, as well. In years past, many of your fellow congregants have been strengthened by participating in this vigil. Join us, won't you?

The Good Friday prayer vigil will end as our Good Friday worship begins, so if you are unable to find the time during the day, you are encouraged to come early for Good Friday worship & spend some time in the chapel before services. We hope that as many folks as possible take advantage of this dedicated prayer time.

Lutheran World Relief (LWR) Project ... HEALTH KITS

LWR is supported each year by LOLLC via Kindred Sisters. Since 1945, US Lutherans have provided material resources by the TON for people in need around the world. By sharing tools for better health and education, you bring new hope and dignity to thousands of people throughout the world. Per LWR Director ... "A LWR quilt or kit not only brings physical comfort, it also brings emotional comfort."

Per **NEED** request, we will again assemble **HEALTH KITS**; therefore, Kindred Sisters is asking for help to collect the items by **Sunday, April 4, 2010**. Please put any of the following items in the LWR box in the Welcome Center ... Thank you.

1. Dark color hand towel
2. Dark color wash
3. Comb – wide tooth preferred
4. Metal nail file or nail clippers w/ file attached
5. Band – Aids – ½ - ¾"
6. Bath size (4-5 oz) soap – in original wrapping
7. Adult toothbrush – in original wrapping
8. or a Monetary Donation
9. NO TOOTHPASTE

The "**Lutheran World Relief Ingathering**" is Wednesday, April 7, 2010 at Texas Lutheran University, Sequin, Texas. We will be taking **LOLLC's HEALTH KITS** to this Ingathering. You can be assured that your support of LWR with these donations and offerings is greatly appreciated.

Strengthening Your Faith Journey

Here's a pop quiz for you ... what are the three Lutheran core values? Do you remember? If you're like me it's been a long time since Confirmation. I really did learn stuff in Confirmation ☺, but many of the things I learned I can't easily recall. A friend once asked me what exactly Lutheran's believed. It took me a little while to answer, and it shouldn't have.

Lord of Life is offering a new series of courses called **Strengthening Your Faith Journey**. The first in the series is **Growing In Christ**. It's a refresher course for those of us who are already Lutherans and it's a required course for new members. Plus it's a great way to discuss our faith with each other and get to know each other a little better. We plan to offer this course once a quarter and we encourage everyone to join us. The class meets once a week for 4 weeks; the next class begins April 25.

Oh, and by the way ... the answer to the quiz is Grace Alone, Faith Alone, and Word Alone. How did you do?

Questions?

Contact Pastor Dave, Patti Kassel, or Deb Grunski

Memorials

In memory of Murray Robinson
by Dorothy Hamilton

Worship Leaders for March 2010

MARCH 7, 2010 Third Sunday in Lent Color: Purple

Presiding Minister: Pastor Dave Seddelmeyer **Assisting Minister:** Rex Schroeder
Lector/Petitioner: Deb Grunska **Communion Assistant:** Gayle Covington
Bread - 8:15: **Bread - 10:45:** **Wine:**
Altar Guild: Deb Grunska, Deanna & Lauren Brown, Martha Orr, Tracy Pichini
Ushers - 8:15: Roger Vaughn, Doug Searcy
Ushers - 10:45: Mark Willenborg, Katherine Stewart, Josh Vaughn
Inside Greeters: Barb Petry **Outside Greeters:** Mike Petry
Flowers: Edith Swartz in Honor of Katherine Stewart's Birthday **Tellers:** Rebecca Holland & Aaron Stratton

MARCH 14, 2010 Fourth Sunday in Lent Color: Purple

Presiding Minister: Pastor Dave Seddelmeyer **Assisting Minister:** Edith Swartz
Lector/Petitioner: Dick Fink **Communion Assistant:** Nell Pennington
Bread - 8:15: **Bread - 10:45:** **Wine:**
Altar Guild: Deb Grunska, Deanna & Lauren Brown, Martha Orr, Tracy Pichini
Ushers - 8:15: Roger Vaughn, Doug Searcy
Ushers - 10:45: Robert Scott, Linda Lane, Robert Lane, Gary Wilks
Inside Greeters: Herman Haenel **Outside Greeters:** Olga Haenel
Flowers: Tracy Pichini in Honor of Peter's Birthday **Tellers:** Rebecca Holland & Aaron Stratton

MARCH 21, 2010 Fifth Sunday in Lent Color: Purple

Presiding Minister: Pastor Edwina Baethge **Assisting Minister:** Aaron Stratton
Lector/Petitioner: Mike Petry **Communion Assistant:** Rebecca Holland
Bread - 8:15: **Bread - 10:45:** **Wine:**
Altar Guild: Deb Grunska, Deanna & Lauren Brown, Martha Orr, Tracy Pichini
Ushers - 8:15: Roger Vaughn, Doug Searcy
Ushers - 10:45: Robert Scott, Linda Lane, Robert Lane, Gary Wilks
Inside Greeters: Gloria Friedrich **Outside Greeters:** Dennis Friedrich
Flowers: Judi Rusk - Glory to God for Pat Zotzky's Recovery **Tellers:** Rebecca Holland & Aaron Stratton

MARCH 28, 2010 Palm Sunday Color: Scarlet

Presiding Minister: Pastor Dave Seddelmeyer **Assisting Minister:** Mindy Penland
Lector/Petitioner: Deb Grunska **Communion Assistant:** Shari Willenborg
Bread - 8:15: **Bread - 10:45:** **Wine:**
Altar Guild: Deb Grunska, Deanna & Lauren Brown, Martha Orr, Tracy Pichini
Ushers - 8:15: Doug Caldwell, Bill Saegert
Ushers - 10:45: Dennis Friedrich, Harry Dailey, Herman Haenel, Aaron Stratton
Inside Greeters: Savannah Scott **Outside Greeters:** Blake Traywick
Flowers: Dorothy Hamilton **Tellers:** Rebecca Holland & Aaron Stratton

March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Adult Volleyball 8:45pm (at the Quarries)	2 Kindred Sisters 10:30am Book Study Group meets at 7:00pm	3 Lenten Meal 6:00pm Evening Service 7:00pm Choir Practice 8:00pm	4 Hand-bell Practice 7:00pm	5	6
7 8:15 Traditional Worship 9:30 Sunday School 10:45 Contem- porary Worship	8	9 Book Study Group meets at 7:00pm	10 Lenten Meal 6:00pm Evening Service 7:00pm Choir Practice 8:00pm	11 Hand-bell Practice 7:00pm Council Meeting 7:00pm	12 Angel Food Orders due by 1:30pm	13
14 8:15 Traditional Worship 9:30 Sunday School 10:45 Contem- porary Worship	15 Adult Volleyball 8:45pm (at the Quarries)	16 Book Study Group meets at 7:00pm	17 Lenten Meal 6:00pm Evening Service 7:00pm Choir Practice 8:00pm	18 Hand-bell Practice 7:00pm	19	20
21 8:15 Traditional Worship 9:30 Sunday School 10:45 Contem- porary Worship	22 Adult Volleyball 7:45pm (at the Quarries)	23 Book Study Group meets at 7:00pm	24 Lenten Meal 6:00pm Evening Service 7:00pm Choir Practice 8:00pm	25 Hand-bell Practice 7:00pm All Committee Meetings 7:00pm	26	27 Angel Food Ministries Food Distribution 9:30am -10:30am
28 Palm Sunday 8:15 Traditional Worship 9:30 Sunday School 10:45 Contem- porary Worship	29 Adult Volleyball 8:45pm (at the Quarries)	30 Book Study Group meets at 7:00pm	31 Choir Practice 7:30pm	MAUNDAY THURSDAY 6:30pm Seder Dinner	GOOD FRIDAY 7:00am-7:00pm Prayer Vigil 7:00pm Service: Cantata	



MARCH 2010 MENU

Visit LOLLC Online at

www.lordoflifeaustin.org LifelinesNews

More Info: call the Church Office at 671-6100

Signature Box

Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.

- 2 lbs. Chopped Beef Steaks flavored with Dijon Mustard (4 x 8 oz.)
- 1 lb. Bacon Wrapped Turkey Breast Filet Mignon (4 x 4 oz.)
- 1 lb. Boneless Center Cut Pork Chops (4 x 4 oz.)
- 2 lb. Macaroni & Beef Dinner Entrée
- 2.5 lb. IQF Split Chicken Breasts (Re-sealable Bag)
- 1 lb. Lean Ground Beef
- 1 12" Supreme Pizza
- 1 lb. Frozen Peas & Carrots
- 1 lb. Frozen Whole Kernel Corn
- 2 lb. Fresh Apples
- 2 lb. Heat and Serve Broccoli & Cheese Soup
- 24 oz. Natural Cut French Fries (Skin-on)
- 6.5 oz. Stroganoff Skillet Meal
- 1 lb. Rice
- Dozen Eggs
- Dessert

\$30.00

Senior & Convenience Meals

For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Breaded Baked Fish over wild rice with green beans, corn and peas
- Chicken Chow Mein over lo mein noodles, mixed vegetables and sauce, sugar snap peas and cauliflower
- Swedish Meatballs over pasta in sauce, broccoli, carrot blend
- Fettuccini Alfredo with carrots and broccoli, zucchini and Brussels sprouts
- Meatloaf Patty with mashed potatoes and gravy, peas and carrots and cauliflower
- Turkey and Dressing with gravy, green bean blend and corn
- Chicken and Noodles with carrots and peas, corn and Brussels sprouts
- Pot Roast with mashed potatoes, corn and green beans
- Country Herb Chicken with mashed potatoes and sauce, broccoli and green bean blend
- Chicken Broccoli Alfredo with carrots and zucchini blend
- Desserts: Assorted Cookies, Mixed Fruit Cup, Applesauce, Grape Juice, Apple Juice

\$28.00

5 lb. Allergen-Free Food Box

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Breast Chunks
- 1 lb. Breaded Formed Tenders
- 2 lbs. Breaded Chicken Drumsticks
- 1 lb. Breaded Cube Steak

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, fiber seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.

\$23.00

6 lb. Premium Seafood Variety Box

- 27 oz. Breaded Butterfly Shrimp (oven ready)
- 10 oz. Cod Fillets
- 17 oz. Crab Cakes (oven ready)
- 16 oz. White Fish Fillets
- 16 oz. Tilapia Fillets
- 10 oz. Breaded Clam Strips (oven ready)

\$35.00

After School Box

- 14 oz. Bread Sticks Stuffed with Mozzarella in Resealable Bag (9 x 1.61 oz.)
- 1.5 lb. Fully Cooked Chicken Rings in Resealable Bag (Approx. 8 servings)
- 1.5 lb. Fully Cooked Chicken & Cheese Nuggets in Resealable Bag (Approximately 8 servings)
- 1.5 lb. Fully Cooked Mini Corn Dogs (36 count)

\$21.00

Specials may be purchased with or without the purchase of a Standard Box above

Form on Reverse Side for this Menu Order

MARCH SPECIAL #1

6 lb. Assorted Meat Grill Box **\$23.00**

- 1.5 lb. Ribeye Steaks (2 x 12 oz.)
- 1 lb. Chopped Beef Steak Flavored with Real Mozzarella Cheese (2 x 8 oz.)
- 1 lb. Chopped Beef Steak Flavored with Real Mild Cheddar Cheese (2 x 8 oz.)
- 1.5 lb. Italian Sausage with Cheese
- 1 lb. Bacon Wrapped Turkey Breast Filet Mignon (4 x 4 oz.)

MARCH SPECIAL #2

4.5 lb. Assorted Meat & Chicken Combo **\$22.00**

- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 1.5 lb. Bacon Wrapped Filet (4 x 6 oz.)
- 1.5 lb. Bacon Wrapped Chicken Breast (4 x 6 oz.)

MARCH SPECIAL #3

10 lb. Boneless/Skinless Chicken

Breast Box **\$20.00**

- 10 lb. IQF Boneless/Skinless Chicken Breasts

MARCH SPECIAL #4

4 x 4 Family Meal Kits **\$35.00**

4 meal kits with all you need to feed a family of 4. 16 meals at 2.20 per meal.

Turkey Kit - 1.5 lb. Boneless Turkey Breast, 1.5 lb. Potato Medley (Potatoes, Carrots, Onions and Celery), 1 lb. Green Beans

Split Whole Chicken Kit - 3 lb. (avg) Whole Split Chicken (2 individually wrapped halves), 1.5 lb. Potato Medley, 1 lb. Green Beans

Beef Tips & Gravy Kit - 1.5 lb. Choice Beef Tips in Gravy, 1.5 lb. Rice Medley (Rice with Red & Green Peppers)

Pork Roast Kit - 1.5 lb. Boneless Pork Roast, 1.5 lb. Potato Medley, 1 lb. Corn

MARCH SPECIAL #5

Premium Fresh Fruit and Veggie Box **\$22.00**

- 1 Large Golden Ripe Pineapple
 - 1 Large Vine Ripened Cantaloupe
 - 1 lb. New Crop Chilean White Seedless Grapes
 - 1 Large Tree-Ripened Mango
 - 1 Large Haas Avocado
 - 1 head Leafy Green Cabbage
 - 3 lb. bag Sweet Potatoes (baking size)
 - 2 lb. bag New Crop Yellow Onions
 - 3 lb. bag Idaho Baking Potatoes
 - 1 lb. Fresh California Carrots
 - 3 Variety Colored Bell Peppers
 - 2 ct. Jumbo Garlic
- AFM March 2010 Fruit and Veggie Recipe Sheet

NOTES TO REMEMBER FOR MARCH 2010 ORDERS

- **HOST SITE ORDERS:** Lord of Life Lutheran Church Office: Mon – Friday 9:30 am to 1:30 pm
Sundays: Feb 28 and Mar 7 & 14, 2010
- **WALKIN ORDERS:** CASH or MONEY ORDERS ACCEPTED! **NO CHECKS!** WE ACCEPT: **LONESTAR CARD** (ID needed). **Order deadline for office orders is Friday, March 12, 2010 by 1:30 pm.**
- **FOR MAIL ORDERS:** ** Make MONEY ORDERS payable to 'LOLLC' and mail with completed order form to:
Lord of Life Lutheran Church, 9700 Neenah Avenue, Austin, TX 78717
(MAIL ORDERS need to be RECEIVED by Friday, March 12, 2010)
- **DISTRIBUTION SATURDAY:** Saturday, March 27, 2010 @ Lord of Life Lutheran Church **9:30 am – 10:30 am**
Boxes not picked up by **10:30 am will be donated to a family in need.** NO credits or refunds can be made.
- Please provide **1 CONTAINER/box/laundry basket/cooler box, etc. PER Signature Box.** All other food boxes (Senior/Convenience, Allergen Free and Specials) are pre-boxed.

Angel Food Ministries reserves the right to substitute any of the items due to availability, cost and quality.

Office Walk-In and Mail-In Orders Due: Friday, March 12, 2010
(by 1:30 pm – NO EXCEPTIONS)
Sunday Orders: Feb 28 and Mar 7 & 14, 2010 9:30 am – 10:30 am

Distribution Day: Saturday, March 27, 2010
(9:30 am – 10:30 am)
at Lord of Life Lutheran Church
9700 Neenah Avenue, Austin, TX 78717

----- (CUT HERE, COMPLETE AND RETURN BOTTOM PORTION WITH PAYMENT) -----

MARCH 2010 ORDER FORM

Name Order is for _____	Name of person picking up (ID required) _____	PICKUP LOCATION: Lord of Life Lutheran Church 9700 Neenah Drive Austin, TX 78717 Saturday, March 27, 2010 9:30 am – 10:30 am	
Home phone # : _____	Cell phone # : _____		
e-mail : _____			
	QTY	UNIT \$	TOTAL \$
Angel Food Signature Box		\$30	
Angel Food Senior & Convenience Meals		\$28	
Angel Food 5 lb Allergen-Free Food Box		\$23	
Angel Food 6 lb Premium Seafood Variety Box		\$35	
After School Box		\$21	
Special # 1 : 6 lb Assorted Meat Grill Box		\$23	
Special # 2 : 4.5 lb Assorted Meat & Chicken Combo		\$22	
Special # 3 : 10 lb Boneless/Skinless Chicken Breast Box		\$20	
Special # 4 : 4 x 4 Family Meal Kits		\$35	
Special #5: Premium Fresh Fruit and Veggie Box		\$22	
	TOTAL		
Order Picked Up By: _____	Date: Saturday, March 27, 2010		

It's tough being a woman

Join us for Beth Moore's latest study —
Esther: It's Tough Being a Woman.

Monday Night Bible Study

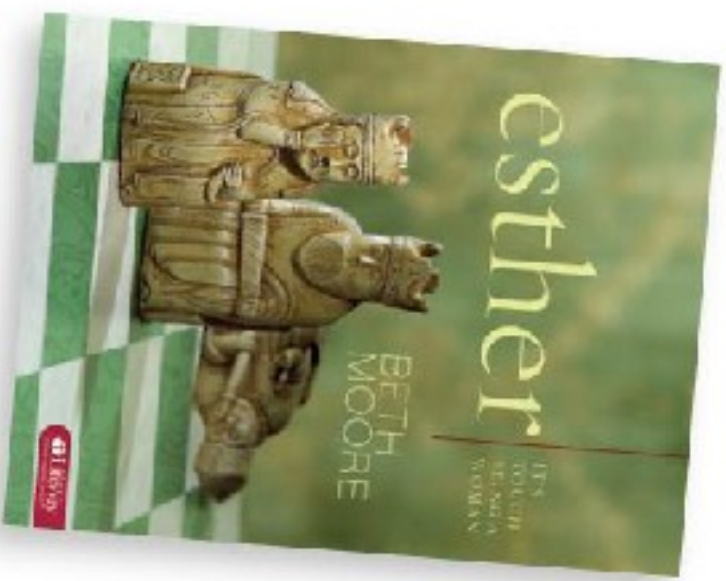
Lord of Life Lutheran Church

April 12- May 24

6:30pm – 8:00pm

Cost - \$15.00 for member book

Interested? - Contact Patti Kassel @ 897-9623



Lifeway | Women